## **FOLLOW UP STUDY 2: CHRIST IS YOUR LIFE**

Scripture Memory Verse: Col 3:4 When Christ, who is your life, appears, then you also will appear with him in glory.

Possible opening questions: (Always keep it positive!) What did you like most about your new life this week? How did your week go? Do you have any questions? How were your times with God? (Quiet times from Deep Convictions Booklet) Who were you able to share your faith with this week?

- 1. Daily Decision (Col 3:1-4)
  - A. Raised with Christ in baptism (Col 2:12 talk about it)
  - B. Set your mind (thoughts) and set your heart (emotions) on things above. It's your choice everyday...importance of QT.
  - C. Christ is your life. (not a part of your life; not most of your life...ALL of your life)
- 2. Put Off (Col 3:5-11)
  - A. Put to death...you used to walk in these ways
  - B. What great possibilities even with challenges and struggles
  - C. Discuss practical ways to crucify sins. (think positive not negative...don't think of a big red airplane!; environment; availability; etc.) Not alone...Holy Spirit...power!
- 3. Put On (Col 3:12-14
  - A. Compassion
  - B. Kindness
  - C. Humility
  - D. Gentleness
  - E. Patience
  - F. We get to live these...living the Jesus life!
- 4. New Attitudes (Col 3:15-17)
  - A. Peace
  - B. Thankful (a major key to the Christian life)
  - C. Spiritual family interaction & participation; teaching & admonishing through fellowship & singing
  - D. In word or deed do it all in the name of the Lord Jesus
- 5. New Relationships (Col 3:18-25)
  - A. Husband & Wife Relationship
  - B. Parent & Child Relationship
  - C. Employer & Employee Relationship or Teacher & Student Relationship
- 6. Conclusion: Pray together.